



**TYNAN**  
COFFEE & TEA

# food menu

freshly made to order, seven days a week

## breakfast favorites

**EL CLASSICO** **\$5.49**  
Black pepper egg and cheddar served on your choice of bagel. Add bacon or chicken sausage for \$1.

**CATCH ME CROAFING** **\$5.99**  
Black pepper egg and cheddar served on a brioche bun. Add bacon or chicken sausage for \$1.

**SWEET & SAVORY** **\$6.99**  
Black pepper egg and cheddar served on a waffle square with a drizzle of syrup. Add bacon or chicken sausage for \$1.

**SMOKEHOUSE** **\$9.49**  
Black pepper egg, smoked turkey breast, bacon, muenster & smoky chipotle aioli on a jalapeno loaf.

**BLACK BELT** **\$7.99**  
Black pepper egg, bacon, power greens, tomato & mayo on multi-grain bread.

**FRESH PASTRIES & BAKED GOODS**  
Please see bakery case for current available pastry and baked good selections.

**FARMHOUSE** **\$8.99**  
Black pepper egg, avocado, havarti and veggie cream cheese on jalapeno cheddar loaf.

**LOX BAGEL** **\$9.49**  
Your choice of bagel with cream cheese, pastramied lox, tomato, red onion and capers.

**WHITEST PHISH ALIVE** **\$8.99**  
Your choice of bagel with smoked whitefish salad, tomato, onion and cucumber.

**POWER BAGEL** **\$7.99**  
Your choice of bagel with hummus, sprouts, tomato and avocado.

## bagels, cream cheeses & spreads

**BAGELS** **\$1.99**  
Please see bakery case for current selections. Our bagels are proudly sourced from Bull Frog Bagels & are baked fresh daily. Gluten free bagels from Rise Bakery available on request(+\$1).

**CREAM CHEESES & SPREADS**  
**Cream Cheeses:** Classic (+\$0.99), Apple Cinnamon Raisin (+\$1.49), Garden Veggie (+\$1.49), Garlic & Herb (+\$1.49)

**Spreads:** Nutella (+\$0.99), Butter (+\$0.99), Brown Sugar Cinnamon Butter (+\$1.49), Strawberry Preserves (+\$0.99), Peanut Butter (+\$0.99), Hummus (+\$0.99)

## the belgians

### CLASSIC WAFFLE \$6.49

Belgian waffle served with brown sugar cinnamon butter and whipped cream.

### CHOCOLATE CHIP WAFFLE \$7.49

Belgian waffle with chocolate chips served with brown sugar cinnamon butter and whipped cream.

### STRAWBERRY WAFFLE \$7.49

Belgian waffle with fresh strawberries served with brown sugar cinnamon butter and whipped cream.

### BLUEBERRY WAFFLE \$7.49

Belgian waffle with fresh blueberries served with brown sugar cinnamon butter and whipped cream.

## extras & toppings

### AVAILABLE TOPPINGS

Avocado (+\$1.99), tomato (+\$0.99), onion (+\$0.49), cucumber (+\$0.99), power greens (+\$0.99), sprouts (+\$0.49), capers (+\$0.49), egg (+\$1.99), bacon (+\$2.49), chicken sausage (+\$0.49), smoked salmon (+\$3.99), whitefish (+\$3.99)

## in need of catering services for your upcoming event?

### WE CAN HELP WITH THAT!

There is nothing we love more at Tynan Coffee & Tea than a really good party! (Other than coffee, of course!) From birthday parties to corporate events and charity fundraisers, our catering services will add a delicious note to any celebration regardless of occasion or size.

Contact us today for more information about catering for your upcoming event.

## lunchtime classics

### A TURKEY AT THE CLUB \$9.49

Turkey, smoked bacon, havarti, sprouts and avocado with chipotle aioli served on a toasted ciabatta.

### MOTHER CLUCKER \$9.49

All white meat chicken salad with dried cranberries, celery, roasted pumpkin seeds and dill on toasted jalapeno cheddar loaf with power greens and red onion.

### BMT \$9.49

Fresh mozzarella, marinated oven roasted tomato, power greens with nut-free basil pesto and balsamic vinaigrette on toasted ciabatta.

### SMOKED SALMON BLT \$10.49

Pastramied lox, bacon, power greens, tomato and lemon aioli on toasted ciabatta.

### GROWN UP GRILLED CHEESE \$6.99

Melted havarti, cheddar and muenster on multi-grain bread.

### PB&J \$5.49

A classic favorite, served with strawberry preserves and peanut butter on multi-grain bread.

### RUN THROUGH THE GARDEN \$8.99

Power greens, spiced roasted chickpeas, cucumber, tomato and avocado with honey basil vinaigrette. Add chicken salad (+\$3.99) or whitefish salad (+\$3.99).

*\*Gluten free brioche bread available on request*