



TYNAN
COFFEE & TEA

food menu

freshly made to order, seven days a week

breakfast favorites

EL CLASSICO \$5.49

Black pepper egg and cheddar served on your choice of bagel. Add bacon or chicken sausage for \$1.

CATCH ME CROAFING \$5.99

Black pepper egg and cheddar served on a croissant loaf. Add bacon or chicken sausage for \$1.

SWEET & SAVORY \$6.99

Black pepper egg and cheddar served on a waffle square with a drizzle of syrup. Add bacon or chicken sausage for \$1.

SMOKEHOUSE \$9.49

Black pepper egg, smoked turkey breast, bacon, muenster & smoky chipotle aioli on a jalapeno loaf.

BLACK BELT \$7.99

Black pepper egg, bacon, power greens, tomato & mayo on multi-grain bread.

FRESH PASTRIES & BAKED GOODS

Please see bakery case for current available pastry and baked good selections.

FARMHOUSE \$8.99

Black pepper egg, avocado, havarti and veggie cream cheese on jalapeno cheddar loaf.

LOX BAGEL \$9.49

Your choice of bagel with cream cheese, pastramied lox, tomato, red onion and capers.

WHITEST PHISH ALIVE \$8.99

Your choice of bagel with smoked whitefish salad, tomato, onion and cucumber.

POWER BAGEL \$7.99

Your choice of bagel with hummus, sprouts, tomato and avocado.

bagels, cream cheeses & spreads

BAGELS \$1.99

Please see bakery case for current selections. Our bagels are proudly sourced from Bull Frog Bagels & are baked fresh daily. Gluten free bagels from Rise Bakery available on request(+\$1).

CREAM CHEESES & SPREADS

Cream Cheeses: Classic (+\$0.99), Apple Cinnamon Raisin (+\$1.49), Garden Veggie (+\$1.49), Garlic & Herb (+\$1.49)

Spreads: Nutella (+\$0.99), Butter (+\$0.99), Brown Sugar Cinnamon Butter (+\$1.49), Strawberry Preserves (+\$0.99), Peanut Butter (+\$0.99), Hummus (+\$0.99)

the belgians

CLASSIC WAFFLE **\$6.49**

Belgian waffle served with brown sugar cinnamon butter and whipped cream.

CHOCOLATE CHIP WAFFLE **\$7.49**

Belgian waffle with chocolate chips served with brown sugar cinnamon butter and whipped cream.

STRAWBERRY WAFFLE **\$7.49**

Belgian waffle with fresh strawberries served with brown sugar cinnamon butter and whipped cream.

BLUEBERRY WAFFLE **\$7.49**

Belgian waffle with fresh blueberries served with brown sugar cinnamon butter and whipped cream.

extras & toppings

AVAILABLE TOPPINGS

Avocado (+\$1.99), tomato (+\$0.99), onion (+\$0.49), cucumber (+\$0.99), power greens (+\$0.99), sprouts (+\$0.49), capers (+\$0.49), egg (+\$1.99), bacon (+\$2.49), chicken sausage (+\$0.49), smoked salmon (+\$3.99), whitefish (+\$3.99)

in need of catering services for your upcoming event?

WE CAN HELP WITH THAT!

There is nothing we love more at Tynan Coffee & Tea than a really good party! (Other than coffee, of course!) From birthday parties to corporate events and charity fundraisers, our catering services will add a delicious note to any celebration regardless of occasion or size.

Contact us today for more information about catering for your upcoming event.

lunchtime classics

A TURKEY AT THE CLUB **\$9.49**

Turkey, smoked bacon, havarti, sprouts and avocado with chipotle aioli served on a toasted ciabatta.

MOTHER CLUCKER **\$9.49**

All white meat chicken salad with dried cranberries, celery, roasted pumpkin seeds and dill on toasted jalapeno cheddar loaf with power greens and red onion.

BMT **\$9.49**

Fresh mozzarella, marinated oven roasted tomato, power greens with nut-free basil pesto and balsamic vinaigrette on toasted ciabatta.

SMOKED SALMON BLT **\$10.49**

Pastramied lox, bacon, power greens, tomato and lemon aioli on toasted ciabatta.

GROWN UP GRILLED CHEESE **\$6.99**

Melted havarti, cheddar and muenster on multi-grain bread.

PB&J **\$5.49**

A classic favorite, served with strawberry preserves and peanut butter on multi-grain bread.

RUN THROUGH THE GARDEN **\$8.99**

Power greens, spiced roasted chickpeas, cucumber, tomato and avocado with honey basil vinaigrette. Add red quinoa (+\$2.99), chicken salad (+\$3.99) or whitefish salad (+\$3.99).

**Gluten free brioche bread available on request*