

food menu

freshly made to order, seven days a week



FARMHOUSE \$9.49 breakfast favorites Black pepper egg, avocado, havarti and veggie cream cheese on jalapeno cheddar EL CLASSICO \$5.99 loaf. Black pepper egg and cheddar served on your choice of bagel. Add bacon or chicken LOX BAGEL sausage for \$1. Your choice of bagel with cream cheese, pastramied lox, tomato, red onion and capers. CATCH ME CROAFING \$6.49 Black pepper egg and cheddar served on a WHITEST PHISH ALIVE \$9.49 brioche bun. Add bacon or chicken sausage Your choice of bagel with smoked whitefish for \$1. salad, tomato, onion and cucumber. SWEET & SAVORY \$7.49 Black pepper egg and cheddar served on a POWER BAGEL \$8.99 waffle square with a drizzle of syrup. Add Your choice of bagel with hummus, sprouts, bacon or chicken sausage for \$1. tomato and avocado. bagels, cream cheeses & spreads \$9.99 **SMOKEHOUSE** Black pepper egg, smoked turkey breast, \$1.99 **BAGELS** bacon, muenster & smoky chipotle aioli on a Please see bakery case for current selections. jalapeno loaf. Our bagels are proudly sourced from Bull Frog Bagels & are baked fresh daily. Gluten free BLACK BELT \$8.99 bagels from Rise Bakery available on Black pepper egg, bacon, power greens, request(+\$1). tomato & mayo on multi-grain bread. CREAM CHEESES & SPREADS Cream Cheeses: Classic (+\$0.99), Apple Cinnamon Raisin (+\$1.49), Garden Veggie

FRESH PASTRIES & BAKED GOODS

Please see bakery case for current available pastry and baked good selections.

Spreads: Nutella (+\$0.99), Butter (+\$0.99), Brown Sugar Cinnamon Butter (+\$1.49), Strawberry Preserves (+\$0.99), Peanut Butter (+\$0.99), Hummus (+\$0.99)

(+\$1.49), Garlic & Herb (+\$1.49)

the belgians

CLASSIC WAFFLE

Belgian waffle served with brown sugar cinnamon butter and whipped cream.

CHOCOLATE CHIP WAFFLE

Belgian waffle with chocolate chips served with brown sugar cinnamon butter and whipped cream.

STRAWBERRY WAFFLE

Belgian waffle with fresh strawberries served with brown sugar cinnamon butter and whipped cream.

BLUEBERRY WAFFLE

Belgian waffle with fresh blueberries served with brown sugar cinnamon butter and whipped cream.

extras & toppings

AVAILABLE TOPPINGS

Avocado (+\$1.99), tomato (+\$0.99), onion (+\$0.49), cucumber (+\$0.99), power greens (+\$0.99), sprouts (+\$0.49), capers (+\$0.49), egg (+\$1.99), bacon (+\$2.49), chicken sausage (+\$0.49), smoked salmon (+\$3.99), whitefish (+\$3.99)

in need of catering services for your upcoming event?

WE CAN HELP WITH THAT!

There is nothing we love more at Tynan Coffee & Tea than a really good party! (Other than coffee, of course!) From birthday parties to corporate events and charity fundraisers, our catering services will add a delicious note to any celebration regardless of occasion or size.

Contact us today for more information about catering for your upcoming event.

lunchtime classics

A TURKEY AT THE CLUB

Turkey, smoked bacon, havarti, sprouts and avocado with chipotle aioli served on a toasted ciabatta.

MOTHER CLUCKER

\$6.49

\$7.49

\$7.49

All white meat chicken salad with dried cranberries, celery, roasted pumpkin seeds and dill on toasted jalapeno cheddar loaf with power greens and red onion.

BMT

Fresh mozzarella, marinated oven roasted tomato, power greens with nut-free basil pesto and balsamic vinaigrette on toasted ciabatta.

SMOKED SALMON BLT

Pastramied lox, bacon, power greens, tomato and lemon aioli on toasted ciabatta.

GROWN UP GRILLED CHEESE

Melted havarti, cheddar and muenster on multi-grain bread.

PB&J

A classic favorite, served with strawberry preserves and peanut butter on multi-grain bread.

RUN THROUGH THE GARDEN

Power greens, spiced roasted chickpeas, cucumber, tomato and avocado with honey basil vinaigrette. Add chicken salad (+\$3.99) or whitefish salad (+\$3.99).

*Gluten free brioche bread available on request

\$9.99

\$9.99

\$10.99

\$7.99

\$5.99

\$9.49

\$9.99